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DAS NEUE STRAIN-COUNTERSTRAIN



Systemische Medizin AG Sep 2014, 2014. Buch. Book Condition: Neu. 238x159x27 mm. Neuware - Schmerz lass nach Strain-Counterstrain ist eine leicht erlernbare und hocheffiziente Technik für Patienten, die unter Schmerzen des Bewegungsapparats leiden. Das Verweilen in einer schmerzfremen Position für die Dauer von 90 Sekunden wirkt sich dauerhaft positiv aus, wenn man langsam genug aus der schmerzfremen in die normale Position zurückkehrt. Zu dieser Erkenntnis gelangte der Nestor dieses osteopathischen Verfahrens, Lawrence D. Jones, bereits in den 1950er-Jahren. Raphael Van...

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- Authored by Raphael van Assche
- Released at 2014



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